

How you can help your child before starting elementary school

Give your child focused attention, do not engage in other activities while talking to them. Show interest and listen patiently.

You strengthen their self-confidence and emotional stability.

Talk to your child and read to them. Technology is no substitute for human voice and personal contact.

You develop your child's speech, vocabulary, attention, listening, imagination.

Create situations in which your child learns to deal with other people.

They learn to apply basic social rules, not to be afraid of communication in different environments.

Encourage your child to explore the world around them.

They gain new experience and knowledge, develop their memory, learn new words.

Offer your child a variety of games and activities and get involved in them yourself.

Your participation strengthens their emotional maturity, the child learns the rules, learns to complete the activity.

Ensure plenty of natural exercise.

Your child develops not only motor skills, but also thinking, eye-hand coordination, graphomotor skills.

Involve your child in household chores and delegate small tasks.

You encourage their self-care, independence and responsibility. Your child learns to solve problems.

Strengthen your child's spatial orientation.

Understanding the concepts of up, down, left, right, before, behind will make it easier for your child to begin reading, writing and counting.

Practice with your child getting up in the morning and going to bed in the evening.

Make it easier for you and your child to transition to a new daily routine and responsibilities.

Look forward to going to school together.

If your child looks forward to school, the adaptation to the school environment will be easier.